



Tel 02 9799 4297 Email orders@tallpoppiescatering.com.au Web www.tallpoppiescatering.com.au

Catering Menu 2017

Who We Are

Tall Poppies specialises in business lunches and private catering. Every order is individual, delicious and made fresh to order. We have worked in hospitality for over 20 years and believe our menu to be interesting and to present great value.

Why Use Tall Poppies?

Email your order for an instant response

FREE DELIVERY within 5kms of CBD for orders over \$50 (except weekends)

Minimum \$15.00 delivery fee for all weekend deliveries

We set up a 7 day account for business customers

We are happy to accommodate last minute orders

We are open 7 days a week

We offer great value so save money for your company (and xmas parties)

Our food is fresh & consistently good

Orders are on time, every time

Our clients love us!

See our website for client testimonials www.tallpoppiescatering.com.au

Telephone us on (02) 9799 4297 or 0414 351 085

Prices quoted in this menu are ex GST.



Catering Menu 2017

Breakfast & Breaks

Savoury (ex GST)

- Egg, Bacon, Cheese on Turkish bread ribbons \$3.10
- Egg, Cheese, Tomato, Basil Pesto on Turkish bread ribbons \$3.10
- Ham, Cheese, Tomato Croissant \$5.90
- Egg and Bacon Turkish Rolls \$6.00
- Frittatas Pumpkin Feta Spinach, Bacon Corn Shallots \$5.90

Sweet (ex GST)

- Croissants with Butter & Jam \$4.50
- Mini Croissant with Butter and Jam \$2.50
- Plain or Sultana Scones with Jam & Cream \$5.60
- Standard Muffins \$3.80
- Deluxe Muffins \$4.80 (Pear Maple & Pecan, Raspberry & White Chocolate, Blueberry Ricotta & Lemon Zest)
- Danish Pastries \$3.80
- Friands \$3.90
- Mini Sweet Slices \$3.30 (Chocolate Brownie, Carrot Cake, Chocolate Mousse Slice, Passionfruit Cheesecake)
- Mini Muffins Mini Danish Pastry \$2.60
- Cupcakes (minimum 12 pieces) \$4.30
- French Macaroons \$3.00
- Portuguese Tarts \$3.90
- Banana Bread Plain, Pear and Raspberry, Fruit and Nut \$3.80 Slice
- Selection of Gluten Free Cakes on Request (Banana Bread, Chocolate Brownie, Chocolate or Blueberry Muffin, orange Almond Cakes, Cupcakes) \$4.50

Fruit (ex GST)

- Fresh Fruit Salad (per person) \$5.50
- Fruit Skewers \$4.50
- Fruit Platter with seasonal fruits (serves 7-8) \$46.00

Sandwiches

Fillings choose individual fillings or ask for a mixed selection

- BLAT bacon, lettuce, avocado, tomato, mayo
- CAJUN CHICKEN avocado, tomato, lettuce, cheese, mayo
- TURKEY brie, alfalfa, cranberry
- VEGETARIAN cheese, salad, cranberry
- LEG HAM cheese, tomato, lettuce, French mustard
- SMOKED SALMON cream cheese, lettuce, red onion, cucumber, mayo
- ROAST BEEF tomato, lettuce, horseradish
- CURRIED EGG lettuce, mayo
- TANDOORI CHICKEN lettuce, cucumber, yoghurt, mango chutney
- TUNA sweet corn, red onion, lettuce, mayo
- RED SALMON lettuce, mayo
- PASTRAMI Swiss cheese, tomato, mayo
- BBQ CHICKEN w sweet potato, cream cheese, chives, cucumber
- SILVERSIDE w cream cheese, semi dried tomatoes, lettuce
- FELAFEL tomato, onion, hummus & lettuce
- CHICKEN SCHNITZEL swiss cheese, tomato, mayo, lettuce
- ROCKET sundried tomato, avocado, grilled capsicum, fetta, lettuce

You may order any number of sandwiches, any mix of breads, and any mix of fillings. To make it easy see Platter Suggestions below. We recommend 1.5 sandwiches/rounds per person or 2 rounds for minis

Platters *(ex GST)*

	<i>Ex GST</i>
No 1 Mix Sourdough, Rolls, Bagels (7 rounds)	\$56.00
No 2 Mix Turkish, Rye, Wraps (7 rounds)	\$56.00
No 3 Wraps (7 rounds)	\$56.00
No 4 Standard Triangles (10 rounds)	\$66.00
No 5 Mini Bagels (10 rounds)	\$42.00
No 6 Mini Baguettes (8 rounds)	\$42.00
No 7 Mix mini Turkish, Wholemeal, sourdough Rolls (8 Rounds)	\$44.00
Gluten Free Sandwiches and Wraps	\$8.00 (ex GST)

ORDERED SEPARATELY gourmet sandwiches/wraps are \$8.00 each, triangle points \$6.60, mini bagels \$4.20 and mini baguettes \$4.50. All prices ex GST. Minimums apply.

Individual Lunch Bags

prices ex GST

Lunch Bags are individually packed lunches. Each lunch comes in a brown paper bag, with items inside individually wrapped. Each bag is labelled with the Sandwich Filling. You can choose Lunch Bags with or without a boxed drink.

\$13.50 each

- Hi Top Bread Sandwich
- Chocolate Bar
- Fruit



\$15.00 each

- Hi Top Bread Sandwich
- Chocolate Bar
- Fruit
- Boxed Drink

Drinks

prices ex GST

- SOFT DRINKS Coke, Diet Coke, Sprite – 1.25 Litre \$4.50
- SOFT DRINKS Cans Coke Zero, Diet Coke, Lemon Squash, Sprite \$3.00
- JUICE BOXES Orange, Apple, Apple & Blackcurrant \$2.00 Each
- FRESH JUICE Orange \$5.50 per litre
- FRESH JUICE Apple \$5.50 per litre
- WATER sparkling mineral water or still \$4.50



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Canapés & Finger Foods

prices ex GST

Hot \$2.90 each

- Thai Chicken Balls with Sweet Chilli Sauce
- Crab Claws with Wasabi and Soy Sauce
- Tandoori Chicken Skewers and Mint Yoghurt
- Crumbed Prawns with Garlic Aioli
- Zucchini & Haloumi Fritters
- Corn Pancakes with Sweet Chilli Sauce
- Mini Gourmet Quiche Vegetarian or Lorraine
- Salmon Balls with Dill Mayonnaise (3.20)
- Mini Gourmet Sausage Rolls or Pies
- Samosa with Mint Yoghurt Beef or Vegetarian
- Teriyaki Chicken Drumettes
- Crab Cakes
- Salt and Pepper Squid with Garlic Aioli
- Vegetarian Spring Rolls with Sweet Chilli Sauce (2 per serve)

Minimum 10 pieces per selection

Cold \$2.90 each

- Roast Beef, Tomato, Horseradish on Sourdough
- Smoked Salmon, Cream Cheese, Capers on Sourdough (3.20)
- Cajun Chicken, Avocado, Sundried Tomato on Sourdough
- Prawn & Avocado on Sourdough
- Fruit Bread With Blue Brie and Quince Paste
- Mango Salsa with Prawns & Coriander
- Chorizo & Blue Cheese Toasts
- Mini Sushi Rolls

Minimum 10 pieces per selection

Platters

prices ex GST

Serve 7-8 people

- CHEESE PLATTER with brie, cheddar, blue vein, dried fruit, nuts and cheese crackers \$55.00
- FRUIT PLATTER with seasonal fruits \$46.00
- SEAFOOD PLATTER chefs selection of fresh seafood served with Seafood Sauce \$85.00
- DIPS PLATTER hummus, guacamole, beetroot dip served with corn chips & crudités \$44.00
- ANTIPASTO PLATTER with stuffed vine leaves, semi dried tomatoes, Kalamata olives, marinated capsicum, eggplant, artichokes, mushrooms, asparagus, salami, fetta cheese, leg ham, Turkish bread \$56.00
- COLD MEATS PLATTER with Roast Chicken, Roast Beef, Leg ham, Roast Turkey with Condiments \$65.00

Salads

prices ex GST

\$6.90 *(min of 6 serves per choice)*

- MIXED LEAF with chick peas, tomato, avocado, fetta cheese and balsamic dressing GF
- ROCKET SALAD smoked cheese, apple, walnuts and balsamic dressing GF
- CAESAR with parmesan cheese, bacon, egg, croutons, Caesar dressing (ADD Chicken \$2.50 extra or Smoked Salmon \$3.00 extra
- GREEK SALAD with tomato, cucumber, olives, feta cheese, red onion, capsicum GF
- COUSCOUS with cucumber, capsicum, red onion, tomato, parsley, lemon & hummus dressing
- POTATO SALAD with chat potatoes, bacon, basil & sour cream GF
- CHICK PEAS with roast pumpkin, figs, onion, coriander with a lemon dressing GF
- PENNE PASTA with garlic chicken, capsicum, cherry tomatoes, parmesan cheese with basil dressing
- BABY SPINACH & TUNA with Kalamata olives, red onion, cucumber, tomato, egg, new potatoes, with lemon & olive oil dressing GF
- COLESLAW SALAD homemade coleslaw with tall poppies dressing



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Hot Meals

prices ex GST

\$13.50 (min of 6 serves per choice)

- CHICKEN KORMA CURRY with rice, pappadums, yoghurt & cucumber, mango chutney
- VEGETABLE KORMA CURRY with rice, pappadums, yoghurt & cucumber, mango chutney
- BEEF VINDALOO with rice, pappadums, yoghurt & cucumber, mango chutney
- CHICKEN BREAST marinated with garlic, ginger, lemongrass, and coriander with rice
- SPINACH & RICOTTA RAVIOLI with a creamy Napolitano Sauce
- QUICHE Vegetarian or Lorraine \$46.00 ex GST (Serves 8)
- SPAGHETTI BOLOGNAISE with Parmesan Cheese
- BEEF & RED WINE CASSEROLE with Mashed Potato
- LASAGNE Vegetarian or Beef
- CHICKEN & VEGETABLE CASSEROLE with rice
- ROAST BEEF with roast potatoes
- BBQ CHICKEN with roast potatoes
- SPANISH STYLE MEATBALLS with rice
- BREAD ROLLS with butter \$1.50 ex GST per person

Can be served as individual serves or in large dishes

Orders & Deliveries

Order: orders@tallpoppiescatering.com.au

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