



Tel 02 9799 4297 Or 0414 351 085 Email orders@tallpoppiescatering.com.au Web www.tallpoppiescatering.com.au

Catering Menu 2023

Who We Are

Tall Poppies specialises in business lunches and private catering. Every order is individual, delicious and made fresh to order. We have worked in hospitality for over 20 years and believe our menu to be interesting and to present great value.

Why Use Tall Poppies?

Email your order for an instant response

FREE DELIVERY within 5kms of CBD for orders over \$50 (except weekends)

Minimum \$15.00 delivery fee for all weekend deliveries

We set up a 7 day account for business customers

We are happy to accommodate last minute orders if we can

We are open 7 days a week however some weekends we are closed

We offer great value so save money for your company

Our food is fresh & consistently good

Orders are on time, every time

Our clients love us!

See our website for client testimonials www.tallpoppiescatering.com.au

Telephone us on (02) 9799 4297 or 0414 351 085



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Breakfast

Packages minimum of 6 (ex GST)

- Breakfast 1 - Bacon & Egg Roll, Fruit Skewer \$11.00
- Breakfast 2 - Turkish Bread Ribbons (egg, bacon, cheese, tomato), Friand \$7.80
- Breakfast 3 - Croissant (ham, cheese or cheese, tomato), Banana Bread, Fruit Skewer \$10.50
- Breakfast 4 - Frittata (pumpkin feta, bacon corn) Danish, Fruit Salad \$13.90

Savoury (ex GST)

- Egg, Bacon, Cheese on Turkish bread ribbons \$3.40
- Egg, Cheese, Tomato, Basil Pesto on Turkish bread ribbons \$3.40
- Ham, Cheese, Tomato Croissant \$6.40
- Egg and Bacon Turkish Rolls \$6.60
- Frittatas Pumpkin Feta Spinach, Bacon Corn Shallots \$10.50
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Fruit (ex GST)

- Fresh Fruit Salad (per person) \$5.90
- Fruit Skewers \$5.10
- Fruit Platter with seasonal fruits (serves 7-8) \$47.00



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Breaks - Morning and Afternoon Tea

Packages (ex GST) priced per person (minimum 6)

- Mixed Box 1 - Mini Danish, Jam Croissant , Quiche \$9.85
- Mixed Box 2 - Mini Danish, Frittata, Fruit Skewer \$15.20
- Mixed Box 3 - Mini Danish, Smoked Salmon Bagel, Fruit Skewer \$14.50
- Mixed Box 4 - Sweet Slices, Fruit Skewer \$9.75
- Mixed Box 5 - Mini Portuguese Tart, French Macaroon, Mini Sweet Cake \$9.95

Sweet (ex GST)

- Croissants with Butter & Jam \$4.90
- Mini Croissant with Butter and Jam \$3.00
- Plain or Sultana Scones with Jam & Cream \$6.50
- Standard Muffins \$4.10
- Deluxe Muffins \$6.30 (Pear Maple & Pecan, Raspberry & White Chocolate, Blueberry Ricotta & Lemon Zest)
- Danish Pastries \$4.10
- Friands \$4.10
- Mini Sweet Slices \$4.50 (Chocolate Brownie, Carrot Cake, Chocolate Mousse Slice, Passionfruit Cheesecake)
- Mini Muffins Mini Danish Pastry \$3.10
- Cupcakes (minimum 12 pieces) \$5.00
- French Macaroons \$4.10
- Portuguese Tarts \$4.10
- Banana Bread Plain, Pear and Raspberry, Fruit and Nut \$4.80 Slice

Selection of Gluten Free Cakes on Request (Banana Bread, Chocolate Brownie, Chocolate or Blueberry Muffin, Orange Almond Cakes, Cupcakes) \$4.90

Sandwiches

Fillings choose individual fillings or ask for a mixed selection

- BLAT bacon, mixed leaves, avocado, tomato, mayo
- CAJUN CHICKEN, tomato, mixed leaves, cheddar cheese, mayo
- TURKEY double cream brie, mixed leaves, cranberry
- VEGETARIAN cheddar cheese, salad, rocket, cranberry
- LEG HAM cheddar cheese, tomato, mixed leaves, caramelised onion
- SMOKED SALMON cream cheese, mixed leaves, red onion, cucumber, mayo
- ROAST BEEF tomato, mixed leaves, horseradish
- CURRIED EGG mixed leaves, mayo
- TANDOORI CHICKEN mixed leaves, cucumber, yoghurt, mango chutney
- TUNA sweet corn, red onion, mixed leaves, mayo
- RED SALMON mixed leaves, mayo
- PASTRAMI Swiss cheese, tomato, mayo
- BBQ CHICKEN sweet potato, cream cheese, chives, cucumber
- SILVERSIDE cream cheese, semi dried tomatoes, mixed leaves
- FELAFEL tomato, red onion, hummus, mixed leaves
- CHICKEN SCHNITZEL Swiss cheese, mayo, mixed leaves
- ROCKET sundried tomato, avocado, grilled capsicum, fetta cheese

You may order any number of sandwiches, any mix of breads, and any mix of fillings.

To make it easy please see Platter Suggestions below. Note sandwiches/wraps are \$8.30 ex GST each/per item, or \$6.90 ex GST for triangle points and \$4.50 ex GST for minis. Gluten Free Sandwiches and Wraps \$8.00

Platters choose a platter below or design your own (ex GST)

No 1 Mix Sourdough, Rolls, Bagels (7 sandwiches)	\$58.10
No 2 Mix Turkish, Rye, Wraps (7 sandwiches)	\$58.10
No 3 Triangle Cut, Mini Rolls, Mini Bagels (15 rolls sandwiches)	\$70.00
No 4 Standard Triangles (10 sandwiches)	\$69.00
No 5 Wraps (7 Wraps)	\$58.10

We recommend 1.5 sandwiches per person or 2 sandwiches, rolls for minis

Individual Lunch Bags

prices ex-GST

Lunch Bags are individually packed lunches. Each lunch comes in a brown paper bag, with items inside individually wrapped. Each bag is labelled with the Sandwich Filling. You can choose Lunch Bags with or without a boxed drink.

\$14.70 each

- Hi Top Bread Sandwich
- Chocolate Bar
- Fruit



\$16.50 each

- Hi Top Bread Sandwich
- Chocolate Bar
- Fruit
- Boxed Drink

Drinks

prices ex-GST

- SOFT DRINKS Coke, Diet Coke, Sprite - 1.25 Litre \$4.50
- SOFT DRINKS Cans Coke Zero, Diet Coke, Lemon Squash, Sprite \$3.00
- JUICE BOXES Orange, Apple, Apple & Blackcurrant \$2.00 Each
- FRESH JUICE Orange \$5.50 per litre
- FRESH JUICE Apple \$5.50 per litre
- WATER sparkling mineral water or still \$4.50



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Canapés & Finger Foods

Hot \$3.80 each ex-GST

- Thai Chicken Balls with Sweet Chilli Sauce
- Crab Claws with Wasabi and Soy Sauce
- Tandoori Chicken Skewers with Minted Yoghurt
- Battered Prawns with Garlic Aioli
- Zucchini Dill and Haloumi Fritters
- Mini Gourmet Quiche Vegetarian or Lorraine
- Atlantic Salmon Cakes with Dill Mayonnaise (3.20)
- Mini Gourmet Sausage Rolls or Pies
- Samosa with Mint Yoghurt Tandoori Chicken or Vegetarian
- Teriyaki Chicken Drumettes
- Vegetarian Spring Rolls with Sweet Chilli Sauce (2 per serve)

Minimum 10 pieces per selection

Cold \$3.80 each ex-GST

- Roast Beef, Tomato, Horseradish on Sourdough
- Smoked Salmon, Cream Cheese, Capers on Sourdough (3.20)
- Cajun Chicken, Avocado, Sundried Tomato on Sourdough
- Prawn & Avocado on Sourdough
- Fruit Bread With Blue Brie and Quince Paste
- Mango Salsa with Prawns & Coriander
- Chorizo & Blue Cheese Toasts
- Mini Sushi Rolls

Minimum 10 pieces per selection

Platters

prices ex GST

Serve 7-8 people

- CHEESE PLATTER with brie, cheddar, blue vein, dried fruits, nuts and cheese crackers \$60.00
- FRUIT PLATTER with seasonal fruits \$47.00
- SEAFOOD PLATTER with fresh prawns, smoked salmon, oysters, garlic mussels, lemon wedges and seafood dipping sauce \$95.00
- DIPS PLATTER hummus, guacamole, beetroot dip served with corn chips and crudités \$46.00
- ANTIPASTO PLATTER with stuffed vine leaves, semi dried tomatoes, Kalamata olives, marinated capsicum, eggplant, artichokes, mushrooms, asparagus, salami, fetta cheese, leg ham, Turkish bread \$62.00
- COLD MEATS PLATTER with Roast Chicken, Roast Beef, Leg ham, Roast Turkey with Condiments \$70.00

Salads

prices ex GST

\$7.20 per one serve (min of 6 serves per choice)

- MIXED LEAF with chick peas, tomato, avocado, fetta cheese and balsamic dressing GF
- ROCKET SALAD with parmesan cheese, apple, walnuts and balsamic dressing GF
- CAESAR with parmesan cheese, bacon, egg, croutons, Caesar dressing (ADD Chicken \$2.50 extra or Smoked Salmon \$3.00 extra)
- GREEK SALAD with tomato, cucumber, olives, feta cheese, red onion, capsicum, oregano dressing GF
- PUMPKIN AND BEETROOT with spinach leaves, blue cheese, and balsamic GF
- POTATO SALAD with chat potatoes, bacon, basil and sour cream dressing GF
- CHICK PEAS with roast pumpkin, figs, onion, coriander with a lemon dressing GF - PENNE PASTA with garlic chicken, capsicum, cherry tomatoes, parmesan cheese with basil dressing
- GREEN BEAN PANCETTA AND CHICKPEA with green beans, lemon and garlic
- CHICKEN SCHNITZEL SALAD with pumpkin, apple, blue cheese and celery
- COLESLAW SALAD homemade coleslaw with Tall Poppies dressing



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Hot Meals

\$15.50 ex GST per one serve (min of 6 serves per choice)

- CHICKEN KORMA CURRY with rice, pappadums, yoghurt & cucumber, mango chutney
- VEGETABLE KORMA CURRY with rice, pappadums, yoghurt & cucumber, mango chutney
- BEEF VINDALOO with rice, pappadums, yoghurt & cucumber, mango chutney
- CHICKEN BREAST marinated with garlic, ginger, lemongrass, and coriander with rice
- SPINACH & RICOTTA RAVIOLI with a creamy Napolitano Sauce
- QUICHE Vegetarian or Lorraine \$52.00 ex GST (Serves 8)
- SPAGHETTI BOLOGNAISE with Parmesan Cheese
- BEEF & RED WINE CASSEROLE with Mashed Potato
- LASAGNE Vegetarian or Beef
- ROAST BEEF with roast potatoes gravy
- BBQ CHICKEN with roast potatoes gravy
- SPANISH STYLE MEATBALLS with rice
- BREAD ROLLS with butter \$1.50 ex GST per person

Can be served as individual serves or in large dishes

Orders & Deliveries

Order: orders@tallpoppiescatering.com.au

Web: www.tallpoppiescatering.com.au

Tel: 02 9799 4297 Mobile: 0414 351 085

We deliver all over Sydney, 7 days a week. Some areas we can't get to. Please email to see if we deliver to your area. If you are within 5kms of the CBD orders over \$100 (Mon-Fri) are delivered free, otherwise a small charge applies. Minimum order is \$100. There is a \$15.00 minimum delivery fee for weekend orders. Some weekends we are closed so please email weekend orders



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